

# *Come and See*



## *what's happening at Calvary Lutheran Church*

165 West Crescent Ave  
201-327-4786

Allendale New Jersey  
<http://calvaryluth.org>

# *March 2026*

# Lenten Soup, Salad

Come for a simple pot-luck meal and fellowship

**Wednesdays in Lent:**

**March 4, 11, 18, 25**

**at 6:15**

Please bring a soup or a salad, a dessert,  
and friends.

**L**  
**ALSO** Each Wednesday  
**in**  
**Lent**

**Gather in Worship**

**7:00 PM**

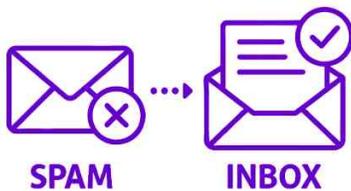
**Come to join in prayer, reflection, and  
hymn sing!**

Please note that the Wednesday services are from 7:00-7:30  
unlike Ash Wednesday, Maundy Thursday, & Good Friday  
which will begin at 7:30.

# **Calvary's Annual Meeting has been rescheduled for March 15**

(after being postponed twice due to snow)

**Please come for worship and  
remain in the sanctuary for the  
presentation of and votes regarding  
the 2025 Annual Report  
and the 2026 Spending Plan.**



# Don't Miss Important Calvary Emails

Please add "[calvaryallendale@gmail.com](mailto:calvaryallendale@gmail.com)" to your email filters so that future newsletters do not go to your spam folder:

## How to prevent the Monthly Newsletter from going to your spam folder (for gmail):

1. Open Gmail and click the gear icon in the top-right center.
2. Select "See all settings".
3. Go to "Filters and Blocked Addresses" tab.
4. Click "Create a new filter".
5. In the "From" field, enter : calvaryallendale@gmail.com
6. Click "Create filter".
7. Check the box labeled "Never send it to Spam".
8. Click "Create filter" to save.

For other email servers, please search "how to prevent emails from going to your spam folder":



## Mutual Ministry News



Calvary Mutual Ministry Committee has been formed to support relationships between the congregation and its rostered and lay leaders. Serving on this committee are Pastor Kara, Rachel Dillon, Bruce Heitman, and Kathy Peterson.

In the ELCA, a Mutual Ministry Committee serves as a bridge of communication and collaboration. The committee supports pastors and congregants through honest conversation; listens to the congregation to identify hopes and concerns; and promotes healthy communication.

Rather than acting as a personnel committee or complaint department, Mutual Ministry focuses on relationships, communication, and alignment with our mission. Its work is confidential, pastoral, and grounded in the belief that graceful communications are essential to the health of a congregation.

# Daylight Saving time begins March 8th



Daylight Savings Time

Remember to set your clocks ahead and change your smoke detector batteries before you go to bed Saturday 3/7/2026

## *Easter Lilies*

Easter Lilies are iconic blooms associated with the celebration of Easter. Their pure white petals symbolize purity, hope, and renewal. These lilies are often used to represent the resurrection of Jesus Christ, embodying the essence of rebirth. As they bloom in early spring, they signal the end of winter and the beginning of new life. The sight of these elegant flowers serves as a reminder of the joy and promise that Easter brings.

*Please help decorate for Easter by providing lilies for the altar.*

*Each beautiful plant is \$10.00*

*Payable to Kathy Peterson by March 16.*

*There is a sign-up chart in the Narthex.*

*Please indicate how you would like to dedicate your plants.*

*Thank you*



**Please join us  
at 2:00  
Tuesdays March 3, 10 & 24  
for fellowship & Bible study!**

# We will recognize Calvary's 70th Anniversary March 15, 2026

## CALVARY LUTHERAN CHURCH of Allendale

165 WEST CRESCENT AVENUE + ALLENDALE, NEW JERSEY 07401 + TEL. 327-4786

March 5, 1971

NEWS RELEASE - Immediate Use For Feature Article

Subject: History and Biographical Sketch of Calvary Lutheran Church of Allendale

RE: 15th Anniversary - March 14, 1971 "CALVARY - COME OF AGE"

Correspondent: Rev. John F. Nelson (Interview Style)

Calvary Lutheran Church of Allendale, New Jersey will celebrate her 15th Anniversary Sunday March 14, 1971. The Rev. John F. Nelson, Present pastor at Calvary, arrived in June, 1963 and has served half of the life of the congregation. It will be just fifteen years ago, March 14, 1956, that the congregation incorporated. Work had begun earlier. A group of interested people held the first worship service on December 5, 1954, in the upstairs of the old Allendale Fire House. That fire house has since burned down. The Rev. C.O. Pedersen, then of Brooklyn but now a resident of Allendale, preached at that first service and subsequent services to help the group get started. Significantly, Pastor Pedersen, now a member of the congregation, will open the 15th Anniversary Worship Service this Sunday at 10:45 a.m. and charter members will assist in conducting the service.

What began on the day of incorporation, 1956, as a congregation of 28 families and an annual budget of \$13,500, has grown to a congregation of 169 families and a program budget of \$75,750 for the current year 1971. "While Calvary has not experienced explosive numerical growth due to several factors," said the Rev. John F. Nelson, "the relatively small but steady growth in numbers has been matched or exceeded by an internal growth in personal response to Christ and responsibility to others." "If I were asked to characterize the congregation in one word, what I sensed when I came here eight years ago and what I feel at present," continued Pastor Nelson, "I guess I would use the word 'commitment'. In the people who are Calvary, there is a high sense of commitment to Christ and as a result accompanying commitments to serve in some capacity, to seeing that the Word is taught and heard, to generous Christian stewardship, to carrying out a ministry here and also outside of our congregation, even across an ocean. I speak of the 'family of faith' here at Calvary," concluded Pastor Nelson, "and while the family is far from perfect like everyone's, the faith and life that we share is kind of great. It is open; we try to keep it honest and thus it's real!"

Read more about our  
origins on the links below:

[Allendale Historical Society](#)

[Allendale Historical Society p. 66](#)

To the County Clerk of the County of Bergen:

We, F. Daniel Froyland, Carl Dahl, Vincent P. Cantillon, Paul C. Eriksen, Haakon Fure, Roy Olsen and Ragnar Hansen, all of the Borough of Allendale, County of Bergen and State of New Jersey, do hereby certify that:

FIRST. The congregation of the CALVARY LUTHERAN CHURCH OF ALLENDALE, N. J., a congregation of Christians entitled to protection in the free use of their religion by the Constitution and the laws of this State, assembled at their house in the said Borough of Allendale, which is their usual place of meeting for public worship, for the purpose of having elected trustees for the said congregation, with a view to having become incorporated according to law;

SECOND. At least ten days' notice of the time and place of such assemblage had previously been given by advertisement set up in open view at the said place of meeting, the said time of assemblage having been agreed on by the said congregation at a meeting of the said congregation held on the 15<sup>th</sup> day of February, 1956;

THIRD. The said congregation, when so assembled, did then and there, by a plurality of the votes of those members of the said congregation who were over the age of twenty-one years and who were present and who regularly contribute to the support of the said congregation, elect us, the said F. Daniel Froyland, Carl Dahl, Vincent P. Cantillon, Paul C. Eriksen, Haakon Fure, Roy Olsen and Ragnar Hansen, to be the trustees of the said congregation and did then and there instruct us to take on

*Extra Copy  
Original Copy  
in Safe Deposit  
1984*

# March Worship Assistants



Date	Altar Guild	Communion Assistants	Lector	Greeters	Ushers	Counters
1 purple	Cindy Strauch	Cindy Strauch Christina Metri	Mike Levitzke	Metri	Jim Peterson Ned Roller	Alma Costello Christina Metri
8 purple	Cindy Strauch	****	Rachel Dillon	Glaeser	George Strauch Mike Levitzke	Christine Souza Christina Metri
15 purple	Kathy Peterson	****	Laura Heitman	Heitman	Jim Peterson Jon Tangen	Christine Souza Christina Metri
22 purple	Kathy Peterson	****	Kristine Nooney	Peterson	George Strauch Ned Roller	Christine Souza Christina Metri
29 Palm Sunday	Kathy Peterson	****	Jon Tangen	Jim Peterson (directing to fellowship Hall)	Mike Levitzke Jon Tangen	Christine Souza Christina Metri

**WORSHIP ASSISTANTS - PLEASE NOTE:** In case of a conflict, please find a substitute and then inform the church office at 201-327-4786.

## March Birthdays

Your Calvary family wishes you a happy birthday and joy in the year to come!

3/02 Garry Johnson  
Jim Holland  
Jim Dryfoos  
Savanna Metri

3/04 Katherine Lunt  
3/05 Victoria Dunn

3/06 Christina LoRusso

3/07 Kayla Begen  
Michael Begen

3/08 Ryan Sottolano

3/09 Sandra Parisi

3/12 Jim Thomas

3/15 Danielle Boselli

3/17 Kelly Damstrom  
Andrew Dryfoos  
James Dillon

3/20 Lily Takayama  
Nicholas McDonough

3/21 Lizzie Glaeser  
Gabbie Robbins

John Correll  
Douglas Squasoni Jr.

3/26

Angel DelGatto

3/28 Billy Bonifacic  
William Strauch



3/29 Scott Pestano  
Donna Fichera  
Robert Garofano  
3/30 Janet Berger  
Sandra Roller  
3/31 Sandra Prince

# *WAY OF THE CROSS*



The Allendale Community of Churches is hosting

**Good Friday "Way of the Cross"**

**Fri. April 3 @ 12 noon,**

meeting at Archer UMC and ending at Guardian Angel RC.

**All** are invited to attend this meaningful walk through Allendale as together we share scripture readings, prayers, & song.

If you are interested in participating in these readings or bearing the cross along with others, please contact Pastor Kara.



## ***SUNDAY SCHOOL***

Join us for Sunday School at 10:30

on March 1, 15, 22, 29

There will not be Sunday School on March 8

Join your family in the worship service!

# OUTREACH



**COME ONE, COME ALL!**

**Everyone** is welcome to participate

in our ANNUAL

**SNACK & PACK for PROJECT SMILE!**

**MARCH 8**

As you know, good oral hygiene is essential to good overall health so we will be assembling kits of toothpaste and toothbrushes to be delivered in mid-March to our neighbors in Honduras.

Please join us right after church on **March 8** in the Fellowship Hall. We will pack and then snack. Lunch is provided.

**Donations** of full-size fluoride toothpaste and individually wrapped toothbrushes are appreciated.

Project Smile is a critical part of GT WATER.  
To learn more, go to [www.gtwater.org](http://www.gtwater.org).



Rescheduled!

# POLAR BEAR PLUNGE

## *at Seaside Heights*



## **Rescheduled: 2026 Polar Bear Plunge at Seaside Heights**

Like many activities, the Plunge had to be rescheduled because of the recent snow storm.

**The good news is—there's still time to donate!**

Visit the team website, speak to Tori Gooden or George Strauch

Link to the team:

[Check out Average Joe's' team fundraising page for Special Olympics New Jersey](#)

**Date: March 14, 2026**

**Location:** Seaside Heights Boardwalk  
50 Blaine Avenue  
Seaside Heights, NJ 08751

**Time:** 10:00 am – 2:00 pm

Plungers help **Special Olympics** provide year-round training and services to thousands of athletes with intellectual disabilities across the state.

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 Sunday School 10:30 Communion Service</p>	<p>2</p>	<p>3</p> <p>2:00 Bible Study (snow day make-up)</p>	<p>4</p> <p>6:15 Lenten Supper 7:00 Service 7:30 Choir</p>	<p>5</p>	<p>6</p>	<p>7</p>
<p>8</p> <p>10:30 Sunday School 10:30 Worship Service 11:30 Pack &amp; snack 4:30 Confirmation</p>	<p>9</p> <p>7:00 Stewardship Mtg</p>	<p>10</p> <p>2:00 Bible Study 7:00 Praise Band</p>	<p>11</p> <p>6:15 Lenten Supper 7:00 Service 7:30 Choir</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>Polar Plunge (rescheduled)</p>
<p>15 70th anniversary</p> <p>9:30 Council Mtg 10:30 Sunday School 10:30 Worship Service 11:30 Annual Mtg</p>	<p>16</p>	<p>17</p> <p>7:00 Praise Band</p>	<p>18</p> <p>6:15 Lenten Supper 7:00 Service 7:30 Choir</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Breakfast with the Easter Bunny</p>
<p>22</p> <p>10:30 Sunday School 10:30 Worship Service— Praise Band Lay Preacher Christine Souza</p>	<p>23</p>	<p>24</p> <p>2:00 Bible Study</p>	<p>25</p> <p>6:15 Lenten Supper 7:00 Service 7:30 Choir</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>29 Palm Sunday</p> <p>10:30 Sunday School 10:30 Worship Service</p>	<p>30</p>	<p>31</p>				



It is a time when we gather together as a community of faith to journey with Jesus to Jerusalem, to stand with him before his accusers, to walk to Golgotha, and to stand at the foot of his cross.

Finally, on Easter Sunday, we will joyously celebrate the resurrection of Christ, lifting our voices in praise of the hope that is ours and the world's.



## **Palm Sunday**

March 29 10:30

worship beginning in the Fellowship Hall

## **Maundy Thursday**

April 2 7:30

Service of Communion &  
Stripping of the Altar



## **Good Friday**

April 3 7:30

Tenebrae Service

## **Easter Sunday**

April 5 10:30

Service of Celebration





# EASTER Sunday

## -a Day of Celebration!

### 9:15 Easter Breakfast & Egg Hunt

Come for Easter breakfast—a Calvary tradition of gathering in fellowship to begin the Easter celebration!

Help is needed to set up, provide food, and clean up. If you can assist in any way, please contact the office. Thank you!

### 10:30 Communion Service of Celebration

Join the congregation in the sanctuary at 10:30 for a joyous service of Word, song, and communion! Invite family and friends to come worship at Calvary on Easter morning!



CALVARY LUTHERAN CHURCH  
PRESENTS

SATURDAY, MARCH 21, 2026  
9:30 AM - RAIN OR SHINE

# Breakfast with the Easter Bunny & EGG HUNT

**\$25 per family up to 4 - \$5  
each additional person -  
includes breakfast; egg  
hunt; photo with bunny  
and gift bag**

Please register at [www.calvaryluth.org](http://www.calvaryluth.org)  
by March 18, 2026  
for more information email  
[csouza0167@gmail.com](mailto:csouza0167@gmail.com)

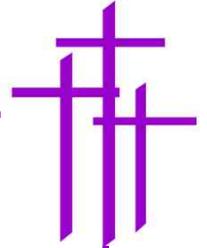
165 W. Crescent Avenue, Allendale, NJ



**Calvary's Mission Statement**

*To teach and display the love of Christ by connecting with people of all walks of life through worship, discipleship, and outreach to our community.*

# Contact Information



## CHURCH COUNCIL MEMBERS

Jim Holland	President
Alma Costello	Vice President
Gerry DelGatto	Secretary
Carl Glaeser	Treasurer
Sara Strauch	Stewardship
Ned Roller	Worship & Music
Christine Souza	Outreach
Christina Metri	Caring
Kristine Nooney	Christian Education
Tori Gooden	Property

**If you are in need of pastoral support,  
please contact:**

**Pastor Kara Song**

**through the church office**

**Office Administrator:** Sam Choi

**Office Phone** 201-327-4786

**Office E-Mail:** [calvaryallendale@gmail.com](mailto:calvaryallendale@gmail.com)

**Office Hours:** M, W, F 10:00-2:00

**Website:** [www.calvaryluth.org](http://www.calvaryluth.org)

**Find us on Facebook**

## **MINISTERS AND WITNESSES :**

All the people of  
Calvary Lutheran Church

**Music Director**

Elise Carter

## **COMMITTEE CHAIRPERSONS**

### **CARING**

Laurie Jacober

Janet Berger

### **CHRISTIAN EDUCATION**

Nancy Glaeser

### **OUTREACH**

Lori McCue

## **PROPERTY**

George Strauch

## **STEWARDSHIP**

Bill Scher

## **WORSHIP AND MUSIC**

Kathy Peterson

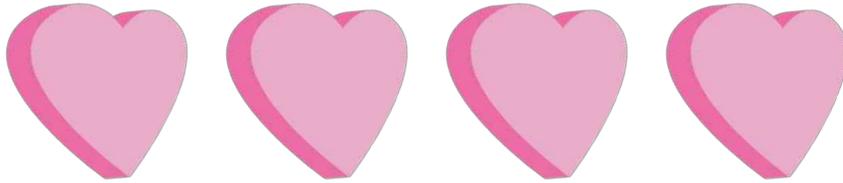


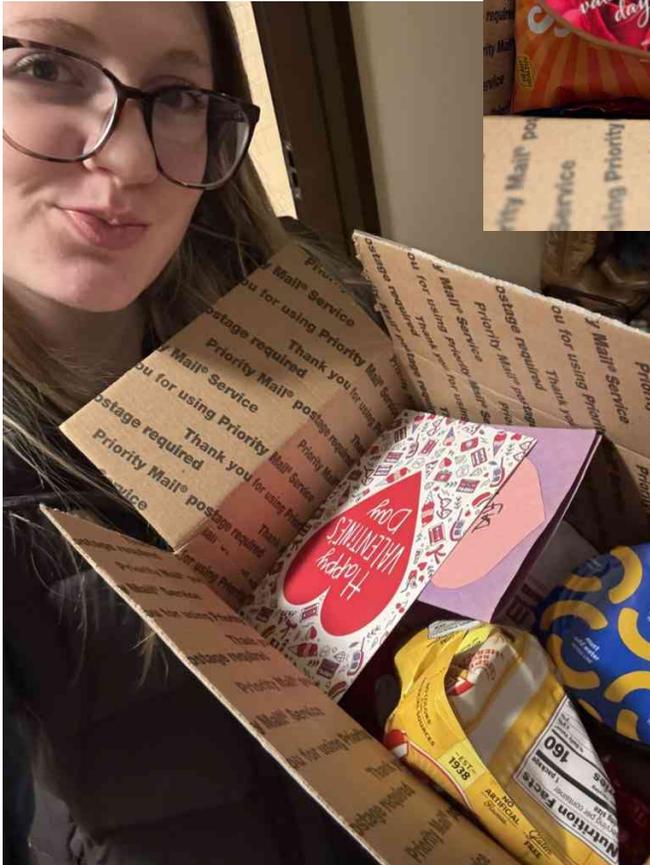
Caring Committee Packing the

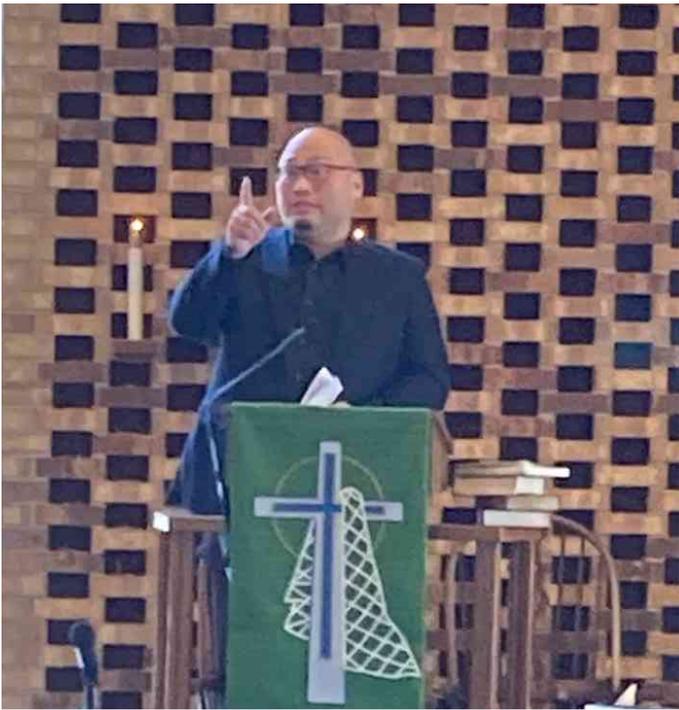


Thankful Hearts!









Thanks to Pastor Sam for his sermon message and leading service while Kara was traveling !



Confirmation students and their mentors together on Shrove Tuesday.

