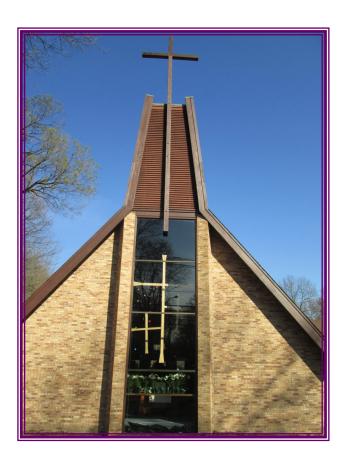
Come and See



What's Happening at Calvary Lutheran Church

165 West Crescent Ave 201-327-4786 Allendale New Jersey http://calvaryluth.org

Lent 2022

Calvary's Mission Statement

To teach and display the love of Christ by connecting with people of all walks of life through worship, discipleship, and outreach to our community.

From our Pastor's desk



Verse of the Month

Romans 12:2

Do not be conformed to this world, but be transformed by the renewing of your minds, So that you may discern what is the will of God – what is good and acceptable and perfect.

Greetings, Calvary Family!

Today was my first day back in the office at my full-time job since Christmas. I was thankful for the opportunity to work remotely, but also eager to interact with my coworkers. You see, when I'm alone and isolated, I can be self-absorbed and easily forget the needs of others. However, at work, I always learn so much more about myself and realize that the "depravity of humanity" is very real in me. For example, today, as we were quietly working in our cubicles, we all heard a big thump and a scream from one of our managers. She was unpacking things from a box, so I assumed the thump was the box, and the squeal was her shock that everything fell out. I then heard a few voices and thought, "Hmmm, sounds like she has the help she needs – let me work on this email." A minute later, I decided to stand up and see what happened. A few of us were in the hallway watching from afar and noticed that one of our co-workers (Ex-Marine, I may add) had quickly jumped into action to help this manager onto her feet. It looked like a box she was unpacking had fallen from up high, and she had a little tumble. She was fine, but she joked how the "Ex-Marine" coworker was the only one to her rescue – everyone else waited, hesitated, and observed from afar. In the midst of her making light of the situation, I also sensed some hurt in her voice that no one else intervened.

As I was driving home from my full-time job, my mind replayed the scene and I realized what a calloused and insensitive thing I had done (or worse, NOT done). Pretty uncaring...I didn't even move from my seat to see if anyone was hurt. I was glad someone else got there first to provide aid, so I could focus on my work. Maybe some folks will say, "Kara, don't be so hard on yourself, it's not a big deal." Maybe? But I need to listen to those "still, small voices." Introspection and Inner evaluation of our souls can lead to repentance, which then <u>transforms</u> our character to be more like Christ.

Lent is a good time for us to do the hard work of looking inside ourselves...we may discover areas of "wretchedness" and seek to fix our eyes on Jesus, who is our Helper and Wonderful Counselor. Let's read Romans 12:1-2, in another version (The Message) that I hope is refreshing to hear:

So here's what I want you to do, God helping you:

Take your everyday, ordinary life — your sleeping, eating, going-to-work,
and walking-around life,
and place it before God as an offering.
Embracing what God does for you is the best thing you can do for God.

Don't become so well-adjusted to your culture that you fit into it without even thinking.
Instead, fix your attention on God. You'll be changed from the INSIDE OUT.
Readily recognize what God wants from you, and quickly respond to it.
Unlike the culture around you, always dragging you down to its level of immaturity,
God brings the best out of you, and develops well-formed maturity in you!

I am SOOOO looking forward to the opportunities to come together for Lent at Calvary, like the Ash Wednesday service, Lenten Wednesday night services, Palm Sunday, Easter, etc. These church traditions can create a special space to dig a little deeper and be changed from the *inside out*. As we prepare our hearts, listening to those "still, small voices" of transformation, I hope you will join us in this journey to Calvary and ultimately, to the resurrecting power of Jesus Christ!

In Christ's service,

Pastor Kara



Hi Calvary! Just a few thoughts about stewardship. I think all of us practice being stewards of our Lord Jesus Christ and we often do it through Calvary. We are a Christian community that helps each other and fulfills our mission to do God's work wherever and whenever we can. Maybe we regroup at Sunday service, or Bible study, or choir, or just by being present with each other when we pray together, take communion, donate flowers for the sanctuary and do so many other projects through and for our church. I want to say a big thank you to everyone who contributes to sustaining Calvary, because Calvary sustains us while we are sustaining it! Thank, all you stewards!

Peggy Singer

Stewardship Committee

Come for Bible Study

March 1

March 15

March 29



Tuesdays

2:00-3:00

All are Welcome!

April 12

April 26

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 2:00 Bible Study 7:30 Worship & Music Meeting	2 7:00 Hope & Healing 7:00 Ash Wed Service Bell Choir/Choir	3	4	5
6 9:30 choir practice 10:30 Sunday School 10:30 Communion Worship Service 11:30 Coffee hour	7	8	9 6:15 Dinner 7:00 Worship Service Bell Choir Choir	10	11	12 Change your clocks– ahead
13 9:30 choir practice 10:30 Worship Service	14	15 2:00 Bible Study	16 7:00 Worship Service Bell Choir/Choir	17	18	19
20 9:30 choir practice 10:30 Sunday School 10:30 Worship Service 11:30 Council Meeting	21	22	23 7:00 Worship Service Bell Choir/Choir	24	25	26
9:30 choir practice 10:30 Sunday School 10:30 Informal Worship Service	28	29	30 7:00 Worship Service Bell Choir/Choir	31 Stewardship Meeting 5:00		

March Birthdays

Your Calvary family wishes you a happy birthday and joy in the year to come.

3/01 Dan Grumbles 3/02 Garry Johnson Jim Holland Jim Dryfoos Savanna Metri 3/04 Katherine Lunt 3/05 Victoria Dunn 3/06 Christina LoRusso 3/07 Kayla Begen Michael Begen 3/08 Ryan Sottolano 3/09 Sandra Parisi 3/10 Wanda Kroencke 3/12 Jim Thomas 3/13 Barbara Ladutko 3/15 Danielle Boselli

3/17 Andrew Dryfoos
James Dillon
3/20 Lily Takayama
Nicholas McDonough
3/21 Lizzie Glaeser
Gabbie Robbins
John Correll
Douglas Squasoni Jr.
3/26 Ariana DelGatto

3/28 Billy Bonifacic
William Strauch
3/29 Donna Fichera

Robert Garofano

3/30 Janet Berger Sandra Roller



March Worship Assistants



DATE	ALTAR GUILD	COMMUNION ASSISTANTS	GREETERS	LECTOR	Ushers
6 Purple	Kathy Peterson	Mike Levitzke Kristine Nooney	Nooneys	Jim Peterson	Jim Peterson
13 Purple	Mercedes Caes	*	Glaesers	Nancy Gleaser	George Strauch
20 Purple	Mercedes Caes	*	Strauches	Tori Gooden Edward Farnhagen	Mike Levitzke
informal service	Mercedes Caes	*	Petersons	George Strauch	Ned Roller

WORSHIP ASSISTANTS - PLEASE NOTE: In case of a conflict, please find a substitute and then inform the church office at 201-327-4786.

Communion Assistants:

Please come forward to the front right pew during the Passing of the Peace.

This will allow others to see if subs are needed



Daylight Saving time begins March 13

Remember to set your clocks ahead and change your smoke detector batteries

before you go to bed Saturday 3.12!



OUR LENTEN JOURNEY BEGINS WITH

WORSHIP at 7:00 PM WEDNESDAY, MARCH 2nd



ASH WEDNESDAY ASH WEDNESDAY ASH WEDNESDAY ASH WEDNESDAY



Did you know....

the ashes that are used on Ash Wednesday are made from burning palms from the previous year?

ASH WEDNESDAY ASH WEDNESDAY ASH WEDNESDAY ASH WEDNESDAY ASH WEDNESDAY



A Calvary Lenten Tradition Resumes!

Come for two evenings of food and fellowship Wednesday March 9th and Wednesday April 6th at 6:15

A simple potluck meal with family and friends
Please bring a soup or a salad, a dessert,
and friends.

Followed by worship at 7:00



LENTEN

Wednesday Worship

Come each Wednesday of Lent

March 9- April 6

7:00 PM

For a service of REFLECTION

RECONCILIATION &

RENEWAL

through scripture, prayer, dramatic readings, and hymns of your choice!

April Worship Assistants



DATE	ALTAR GUILD	COMMUNION ASSISTANTS	GREETERS	LECTOR	USHERS
3 Purple	Mercedes Caes	Mike Levitzke Kristine Nooney	Strauch	Rich Karpowich	George Strauch
10 Palm Sunday Purple	Mercedes Caes	*	Gleasers	Kristine Nooney	Mike Levitzke
14 Maundy Thursday	Kathy Peterson	Kathy Peterson George Strauch	Heitmans	tbd	Jim Peterson
17 Easter White	Kathy Peterson	Alma Costello Cindy Strauch	Hollands	Nancy Gleaser	Jim Peterson
24 white	Kathy Peterson	*	Petersons	George Strauch	Ned Roller

WORSHIP ASSISTANTS - PLEASE NOTE: In case of a conflict, please find a substitute and then inform the church office at 201-327-4786.

Communion Assistants:

Please come forward to the front right pew

at the close of the Passing of the Peace. This will allow others to see if subs are needed and avoid movement during the Lord's Prayer.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	54	tpre	l		1	2
3 9:30 choir practice 10:30 Sunday School 10:30 Communion Worship Service 11:30 Coffee hour	4	5 Worship & Music Mtg 7:30	6 Dinner 6:15 7:00 Worship Service Bell Choir/Choir	7	8	9
10 Palm Sunday 9:30 choir practice 10:30 Sunday School 10:30 Worship	11	12	13 Bell Choir/Choir	14 Maundy Thursday 7:00 Communion service	15 Good Friday 7:00 Tenebrae Service	16
17 Easter Bell Choir/Choir 9:00 Breakfast 10:30 Worship	18	19	20 Bell Choir/Choir	21	22	23
9:30 Choir Practice 10:30 Worship 11:30 Council Mtg	25	26	27 Bell Choir/Choir	28	29	30

April Birthdays

Your Calvary family wishes you a happy birthday and joy in the year to come.

April 1 Karl Rohsler
April 2 Madison Perez
Linda Madsen
Kyle Costello
April 3 Pam Grumbles
Kelsey Aiosa
William Chilian
April 6 Kelly Diverio
Kevin Macke
April 8 Sharon Roller
April 9 Karen Macke
Vincent Fichera
Kyle Jacober



April 11 Michael Levitzke
April 14 Michael Dillon
April 15 Chiara McMaster
April 18 Michael Richardson
Peggy Singer
Christopher Doll
April 21 Jimmy Duffy

April 22 Jaclyn Livingstone April 23 Cindy Duke

Doug Squasoni

April 24 Steven McCue April 30 Stephen Nacion Brita Andersen



Definition

Lent is the forty-day season (excluding Sundays) of penitence and preparation for the Three Days of Holy Week and Easter.

A Very Brief History

The term "Lent" originally comes from the Anglo-Saxon word "lencten" which means "spring." This is the time, in the Northern Hemisphere, when the days are lengthening. The season began as period of fasting leading up to the Vigil of Easter. Catechumens, those preparing for baptism at Easter, would fast and spend days in intense preparation. For those that were already baptized, Lent was a period to be renewed in their faith by studying the Bible, the Creed and the Lord's Prayer.

Although it was originally only a two-day period of preparation, Lent became a three-week preparatory period in the middle of the fourth century and then this was further expanded into six-weeks, or forty days. By the end of the fifth century, there was a desire to exclude Sundays from Lent since Sundays are always celebrated as feasts of the Resurrection. Thus Lent begins not on Sunday, but on Ash Wednesday.

The current practice of forty days of Lent recall Jesus' forty-day fast in the wilderness after his Baptism (Matthew 4:2, Luke 4:1-2) as well as Moses' forty-day fast on Mount Sinai (Exodus 34:28).



<u>March</u>					<u>April</u>		
	6	Sunday School		3	Sunday School		
	13	NO Sunday School	10:30	10	Sunday School (Palm Sunday)		
	20	Sunday School	10.50	17	NO Sunday School (Easter)		
	27	Sunday School		24	NO Sunday School		

What's All This Buzz About BEES?



Bees are essential to the health of humans and the planet. Through pollination, Honeybees provide us with 30% of the fruit, vegetables, nuts, and spices we consume. In addition, they produce wax, honey and other materials that are used in medicine, cosmetics, etc.

Bees are critical to our global ecosystems and bee populations are in decline world-wide due to global warming, viruses, loss of territory, pesticides, herbicides, and pollution. They need us and we need them and the time to act is now.

Calvary Sunday School students chose Heifer International's GIFT of HONEYBEES program for their outreach project. To date, they have raised over \$300. (Kits cost \$30) A Heifer Honeybee gift donation includes a bee package, hive, box and training in beekeeping techniques. When you buy bees for a family in need, your gift:

- Increases the global honeybee population to support the environment
- Boosts income through sales of honey, wax and pollen
- Stimulates growth of the family's crops through pollination

Bee Kits can mean the difference between the constant struggle just to survive and a selfsustaining future

There are more ways to help. Consider becoming a beekeeper, plant bee friendly herbs and flowers to enhance pollination, stop or decrease the amount of chemicals used in your yard or gardens. Explore the benefits of joining a Bee cooperative. Learn about the stresses that the current environmental changes are placing on the insects and find out about the small changes we can make in our daily lives to make a huge impact on our planet.

Bee's: https://www.heifer.org/search.html?q=Bee, or www.heifer.org.

5 Ways to Save the Bees(and the World): https://www.heifer.org/blog/4-easy-ways-to-save-the-bees -and-save-the-world.html

Why Bees Are Good For The Earth, How To Save Bees, Bee Resources: https://www.heifer.org/bees/index.html

The Business of Bees: https://www.heifer.org/blog/environment/colony-collapse-disorder-and-the-state-of-bees.html

Natural Pest Control: https://learn.eartheasy.com/guides/natural-garden-pest-control/

The unexpected Threat Facing U.S. Honeybees: https://www.heifer.org/blog/the-unexpected-threat-facing-honeybees.html

If you wish to join us in saving the honeybees, you can send a check to Calvary Lutheran (please write Heifer Bee on the memo line) OR bring your donation (cash is welcome) to church. Our GIFT of HONEYBEES program will end on May 12.





Palm Sunday

10:30

worship beginning in the Fellowship Hall

Maundy Thursday

7:00

Service of Communion & Stripping of the Altar





Good Friday

7:00

Tenebrae Service

Easter Sunday

9:00 Breakfast

10:30

Service of Celebration



Church Information





If you are in need of pastoral support, please contact:

Intern Pastor Kara Song through the office

Office Administrator: Edward Farnhagen

Office Phone 201-327-4786

Office E-Mail: office@calvaryluth.org

Office Hours: please email or call the office

MINISTERS AND WITNESSES:

All the people of

Calvary Lutheran Church

Music Director

Elise Carter

Church Council Members

Bruce Heitman President/Property

Jim Holland Vice President

Gerry DelGatto Secretary

Mercedes Caes Treasurer

Marilyn Agresta Worship & Music

Alma Costello Caring liaison

Christina Metri Outreach liaison

Kristine Nooney Education liaison

Tori Gooden Stewardship liaison

Committee Chairpersons

Caring Laurie Jacober

Christian Education Nancy Glaeser

Outreach Lori McCue

Property Mike Feeley

Stewardship Marilyn Agresta

Worship & Music Kathy Peterson